Written by Maury Brown
Friday, 02 December 2011 22:27

One of the great thing about the Winter Meetings in MLB isn't the Winter Meetings, but the data you get with at the end of the season.

Case in point, the annual "Roster Book" lists every approved transaction to the date that the document is mailed to media members attending the off-season jewel event.

Earlier, we posted all the American League transactions from the beginning of free agency to today, now we present the National League

Approved Major League Transactions Oct 29-Dec 2, 2011 (National League)

ATLANTA BRAVES

CF 11/01/2011 Major/Minor Outright from ATL to Gwinnett Braves

Sherrill, George F LHR 10/30/2011 Elect Free Agency under Article XXB

Wilson, Jack E SS 10/30/2011 Elect Free Agency under Article XXB

CHICAGO CUBS

Beliveau, Jeffrey R LHR 11/18/2011 Selection to ML Roster from TENNESSEE to CHI

Caridad, Esmailin M RHS 11/18/2011 Major/Minor Outright from CHI to IOWA

Grabow, John W LHR 10/30/2011 Elect Free Agency under Article XXB

Johnson, Reed C OF 10/30/2011 Elect Free Agency under Article XXB

Lake, Junior O SS 11/18/2011 Selection to ML Roster from TENNESSEE to CHI

Lopez, Rodrigo RHS 10/30/2011 Elect Free Agency under Article XXB

Montanez, Luis A OF 11/18/2011 Major/Minor Outright from CHI to IOWA

11/18/2011 Elect Free Agency under Article XXD

Ortiz, Ramon R RHR 10/30/2011 Elect Free Agency under Article XXB

Pena, Carlos F 1B 10/30/2011 Elect Free Agency under Article XXB

Ramirez, Aramis 3B 10/31/2011 Elect Free Agency under Article XXB

Smit, Kyle RHS 11/18/2011 Major/Minor Outright from CHI to IOWA

Szczur, Matthew OF 11/18/2011 Selection to ML Roster from DAYTONA to CHI

Vitters, Joshua W 3B 11/18/2011 Selection to ML Roster from TENNESSEE to CHI

Wood, Kerry L RHR 10/30/2011 Elect Free Agency under Article XXB

SELECT READ MORE TO SEE THE REST OF THE NATIONAL LEAGUE TRANSACTIONS FROM 10/29 to 12/2/2011

CINCINNATI REDS

Burton, Jared J RHR 10/31/2011 Major/Minor Outright from CIN to LOUISVILLE

11/01/2011 Elect Free Agency under Article XXD

Cordero, Francisco J RHR 10/31/2011 Elect Free Agency under Article XXB

Cozart, Zack W SS 11/02/2011 Reinstate From 60-day DL

Gregorius, Mariekson J SS 11/18/2011 Selection to ML Roster from CAROLINA to CIN

Hernandez, Ramon J C 10/30/2011 Elect Free Agency under Article XXB

Lotzkar, Kyle S RHS 11/18/2011 Selection to ML Roster from DAYTON to CIN

Lutz, Donald T RF 11/18/2011 Selection to ML Roster from DAYTON to CIN

Maloney, Matt M LHS 10/31/2011 Waiver Claim Assignment from CIN to MIN

Renteria, Edgar E SS 10/30/2011 Elect Free Agency under Article XXB

Rodriguez, Henry A IF 11/18/2011 Selection to ML Roster from CAROLINA to CIN

Soto, Neftali O SS 11/18/2011 Selection to ML Roster from LOUISVILLE to CIN

Thompson, Daryl M RHS 10/31/2011 Major/Minor Outright from CIN to LOUISVILLE

11/01/2011 Elect Free Agency under Article XXD

Villarreal, Pedro A RHS 11/18/2011 Selection to ML Roster from CAROLINA to CIN

Willis, Dontrelle W LHS 10/30/2011 Elect Free Agency under Article XXB

COLORADO ROCKIES

Blackmon, Charles C RF 10/31/2011 Reinstate From 60-day DL

Brown, Andrew M 1B 11/18/2011 Major/Minor Outright from COL to COLORADO SPRING

Cabrera, Edwar A LHS 11/18/2011 Selection to ML Roster from MODESTO to COL

Chatwood, Tyler C RHS 11/30/2011 Outright (Trade) from LAA to COL

Cook, Aaron L RHS 10/30/2011 Elect Free Agency under Article XXB

De La Rosa, Jorge A LHS 10/31/2011 Reinstate From 60-day DL

Ellis, Mark W 2B 10/30/2011 Elect Free Agency under Article XXB

Friedrich, Christian L LHS 11/18/2011 Selection to ML Roster from TULSA to COL

Herrera, Jonathan A IF 10/31/2011 Reinstate From 60-day DL

Iannetta, Christopher D C 11/30/2011 Outright (Trade) from COL to LAA

Millwood, Kevin A RHS 10/30/2011 Elect Free Agency under Article XXB

Nicasio, Juan R RHS 10/31/2011 Reinstate From 60-day DL

Romero, J C C LHR 10/30/2011 Elect Free Agency under Article XXB

Spilborghs, Ryan A OF 10/31/2011 Reinstate From 60-day DL

Wigginton, Ty A 3B 11/20/2011 Outright (Trade) from COL to PHI

FLORIDA MARLINS

Choate, Randy D LHR 10/31/2011 Reinstate From 60-day DL

Cousins, Scott M LF 10/31/2011 Reinstate From 60-day DL

Dobbs, Greg S 3B 10/30/2011 Elect Free Agency under Article XXB

Johnson, Joshua M RHS 10/31/2011 Reinstate From 60-day DL

Lopez, Jose C 3B 10/30/2011 Elect Free Agency under Article XXB

Ramirez, Hanley SS 10/31/2011 Reinstate From 60-day DL

Vazquez, Javier C RHS 10/30/2011 Elect Free Agency under Article XXB

MIAMI MARLINS

Baker, John D C 11/22/2011 Outright (Trade) from MIA to SD

Benjamin, Ramon A LHS 11/18/2011 Selection to ML Roster from JACKSONVILLE to MIA

Jennings, Daniel L LHS 11/18/2011 Selection to ML Roster from NEW ORLEANS to MIA

Koehler, Thomas R RHS 11/18/2011 Selection to ML Roster from NEW ORLEANS to MIA

LeBlanc, Wade M LHS 11/22/2011 Outright (Trade) from SD to MIA

Mattison, Kevin R CF 11/18/2011 Selection to ML Roster from JACKSONVILLE to MIA

HOUSTON ASTROS

Barmes, Clint H SS 10/30/2011 Elect Free Agency under Article XXB

SS 11/03/2011 Waiver Claim Assignment from WSH to HOU

Castro, Jason M C 10/31/2011 Reinstate From 60-day DL

Clemens, Paul RHR 11/18/2011 Selection to ML Roster from OKLAHOMA to HOU

Corporan, Carlos F C 11/16/2011 Major/Minor Outright from HOU to OKLAHOMA

11/18/2011 Elect Free Agency under Article XXD

Escalona, Sergio L LHR 10/31/2011 Reinstate From 60-day DL

Lyon, Brandon RHR 10/31/2011 Reinstate From 60-day DL

Michaels, Jason D OF 10/30/2011 Elect Free Agency under Article XXB

LOS ANGELES DODGERS

Antonini, Michael J LHS 11/18/2011 Selection to ML Roster from ALBUQUERQUE to LA

Barajas, Rod R C 10/30/2011 Elect Free Agency under Article XXB

Blake, Casey C 3B 10/30/2011 Elect Free Agency under Article XXB

Broxton, Jonathan R RHS 10/30/2011 Elect Free Agency under Article XXB

Carroll, Jamey B 2B 10/30/2011 Elect Free Agency under Article XXB

Castellanos, Alex L 2B 11/18/2011 Selection to ML Roster from ALBUQUERQUE to LA

Ellis, Mark W 2B 11/15/2011 Signed as a Major League Free Agent

Ely, John D RHS 11/18/2011 Major/Minor Outright from LA to ALBUQUERQUE

Fife, Stephen J RHS 11/18/2011 Selection to ML Roster from ALBUQUERQUE to LA

Garland, Jon S RHS 10/30/2011 Elect Free Agency under Article XXB

Kennedy, Adam T 2B 12/01/2011 Signed as a Major League Free Agent

Kuroda, Hiroki RHS 10/30/2011 Elect Free Agency under Article XXB

MacDougal, Mike M RHR 10/30/2011 Elect Free Agency under Article XXB

Miles, Aaron W 2B 10/30/2011 Elect Free Agency under Article XXB

Monasterios, Carlos RHS 11/18/2011 Major/Minor Outright from LA to ALBUQUERQUE

Padilla, Vicente D RHS 10/30/2011 Reinstate From 60-day DL

10/30/2011 Elect Free Agency under Article XXB

Rivera, Juan L OF 10/30/2011 Elect Free Agency under Article XXB

11/03/2011 Signed as a Major League Free Agent

Silverio, Alfredo J OF 10/31/2011 Selection to ML Roster from CHATTANOOGA to LA

Treanor, Matt A C 11/17/2011 Signed as a Major League Free Agent

Van Slyke, Scott T CF 10/31/2011 Selection to ML Roster from CHATTANOOGA to LA

Wall, Joshua M RHS 11/18/2011 Selection to ML Roster from ALBUQUERQUE to LA

Withrow, Christopher M RHS 11/18/2011 Selection to ML Roster from ALBUQUERQUE to LA

MILWAUKEE BREWERS

Betancourt-Perez, Yuniesky SS 10/30/2011 Elect Free Agency under Article XXB

Counsell, Craig J 2B 10/30/2011 Elect Free Agency under Article XXB

Fielder, Prince S 1B 10/30/2011 Elect Free Agency under Article XXB

Gindl, Caleb C OF 11/17/2011 Selection to ML Roster from NASHVILLE to MIL

Hairston, Jerry W UTL 10/30/2011 Elect Free Agency under Article XXB

Hawkins, LaTroy RHR 10/30/2011 Elect Free Agency under Article XXB

Kjeldgaard, Brock 1B 11/17/2011 Selection to ML Roster from HUNTSVILLE to MIL

Kotsay, Mark S OF 10/30/2011 Elect Free Agency under Article XXB

Manzanillo, Santo RHR 11/17/2011 Selection to ML Roster from HUNTSVILLE to MIL

Rodriguez, Francisco J RHR 10/30/2011 Elect Free Agency under Article XXB

Saito, Takashi RHR 10/30/2011 Elect Free Agency under Article XXB

Wheeler, Zelous L 3B 11/17/2011 Selection to ML Roster from HUNTSVILLE to MIL

NEW YORK METS

Batista, Miguel J RHR 10/30/2011 Elect Free Agency under Article XXB

Buchholz, Taylor RHS 11/15/2011 Elect Free Agency under Article XIXA (2)

Capuano, Chris F LHS 10/30/2011 Elect Free Agency under Article XXB

Carson, Robert N LHS 11/18/2011 Selection to ML Roster from BINGHAMTON to NY

Evans, Nicholas R 3B 11/11/2011 Major/Minor Outright from NY to BUFFALO

11/16/2011 Elect Free Agency under Article XXD

Familia, Jeurys RHS 11/18/2011 Selection to ML Roster from BINGHAMTON to NY

Flores, Wilmer A SS 11/18/2011 Selection to ML Roster from ST. LUCIE to NY

Hairston, Scott A OF 10/30/2011 Elect Free Agency under Article XXB

OF 10/30/2011 Elect Free Agency under Article XXB

Havens, Reese R SS 11/18/2011 Selection to ML Roster from BINGHAMTON to NY

Isringhausen, Jason D RHR 10/30/2011 Elect Free Agency under Article XXB

Lagares, Juan O SS 11/18/2011 Selection to ML Roster from BINGHAMTON to NY

Nieuwenhuis, Kirk R CF 11/18/2011 Selection to ML Roster from BUFFALO to NY

Pridie, Jason O OF 11/11/2011 Major/Minor Outright from NY to BUFFALO

11/15/2011 Elect Free Agency under Article XXD

Puello, Cesar D OF 11/18/2011 Selection to ML Roster from ST. LUCIE to NY

Reyes, Jose B SS 10/30/2011 Elect Free Agency under Article XXB

Young, Chris RHS 10/30/2011 Reinstate From 60-day DL

10/30/2011 Elect Free Agency under Article XXB

PHILADELPHIA PHILLIES

Aumont, Phillippe RHR 11/18/2011 Selection to ML Roster from LEHIGH VALLEY to PHI

Diekman, Jacob T LHS 11/18/2011 Selection to ML Roster from READING to PHI

Gillies, Tyson A CF 11/18/2011 Selection to ML Roster from CLEARWATER to PHI

Gload, Ross P OF 10/30/2011 Elect Free Agency under Article XXB

Ibanez, Raul J OF 10/30/2011 Elect Free Agency under Article XXB

Lidge, Brad T RHS 10/30/2011 Elect Free Agency under Article XXB

Madson, Ryan M RHS 10/30/2011 Elect Free Agency under Article XXB

Mathieson, Scott W RHS 11/28/2011 Release from Roster - Player wishes to play in Japan

12/01/2011 Player has cleared unconditional release waivers and is now a free agent.

Oswalt, Roy E RHS 10/30/2011 Elect Free Agency under Article XXB

Papelbon, Jonathan R RHR 11/18/2011 Signed as a Major League Free Agent

Rollins, Jimmy C SS 10/30/2011 Elect Free Agency under Article XXB

Schneider, Brian D C 10/30/2011 Elect Free Agency under Article XXB

11/18/2011 Signed as a Major League Free Agent

Thome, Jim H DH 11/18/2011 Signed as a Major League Free Agent

Valle, Sebastian C 11/18/2011 Selection to ML Roster from CLEARWATER to PHI

Wigginton, Ty A 3B 11/20/2011 Outright (Trade) from COL to PHI

PITTSBURGH PIRATES

Barajas, Rod R C 11/11/2011 Signed as a Major League Free Agent

Barmes, Clint H SS 11/21/2011 Signed as a Major League Free Agent

Burres, Brian LHS 10/31/2011 Major/Minor Outright from PIT to INDIANAPOLIS

11/02/2011 Elect Free Agency under Article XXD

Cedeno, Ronny SS 10/31/2011 Elect Free Agency under Article XXB

Correia, Kevin J RHS 11/01/2011 Reinstate From 60-day DL

Doumit, Ryan M C 10/31/2011 Elect Free Agency under Article XXB

Fryer, Eric J C 11/18/2011 Designate for Release or Assignment

11/23/2011 Major/Minor Outright from PIT to INDIANAPOLIS

Hague, Matthew D 1B 11/18/2011 Selection to ML Roster from INDIANAPOLIS to PIT

Hart, Kevin R RHS 10/31/2011 Reinstate From 60-day DL

10/31/2011 Major/Minor Outright from PIT to INDIANAPOLIS

Hefner, Jeremy S RHS 11/18/2011 Waiver Claim Assignment from SD to PIT

Jeroloman, Brian C C 11/18/2011 Waiver Claim Assignment from TOR to PIT

11/21/2011 Designate for Release or Assignment

11/23/2011 Waiver Claim Assignment from PIT to TOR

Lee, Derrek L 1B 10/30/2011 Elect Free Agency under Article XXB

Ludwick, Ryan A OF 10/30/2011 Elect Free Agency under Article XXB

Maholm, Paul G LHS 10/31/2011 Reinstate From 60-day DL

10/31/2011 Elect Free Agency under Article XXB

Marte, Starling J OF 11/18/2011 Selection to ML Roster from ALTOONA to PIT

Mercer, Jordy J SS 11/18/2011 Selection to ML Roster from INDIANAPOLIS to PIT

Owens, Rudy C LHS 11/18/2011 Selection to ML Roster from INDIANAPOLIS to PIT

Pagnozzi, Matt T C 11/18/2011 Major/Minor Outright from PIT to INDIANAPOLIS

11/21/2011 Elect Free Agency under Article XXD

Paul, Xavier B OF 11/18/2011 Designate for Release or Assignment

11/28/2011 Release from Roster

11/30/2011 Player has cleared unconditional release waivers and is now a free agent.

Pearce, Steve W 1B 10/31/2011 Reinstate From 60-day DL

10/31/2011 Major/Minor Outright from PIT to INDIANAPOLIS

Snyder, Christopher R C 10/31/2011 Reinstate From 60-day DL

10/31/2011 Elect Free Agency under Article XXB

Thompson, Aaron M LHS 10/31/2011 Major/Minor Outright from PIT to INDIANAPOLIS

Welker, Duke S RHS 11/18/2011 Selection to ML Roster from ALTOONA to PIT

Wilson, Justin J LHS 11/18/2011 Selection to ML Roster from INDIANAPOLIS to PIT

Wood, Brandon B SS 10/31/2011 Major/Minor Outright from PIT to INDIANAPOLIS

SAN DIEGO PADRES

Baker, John D C 11/22/2011 Outright (Trade) from MIA to SD

Bell, Heath J RHR 10/30/2011 Elect Free Agency under Article XXB

Carpenter, Andrew J RHS 11/18/2011 Waiver Claim Assignment from SD to TOR

De Paula, Jose A LHS 11/18/2011 Selection to ML Roster from LAKE ELSINORE to SD

Gonzalez, Alberto R SS 11/16/2011 Release from Roster

11/18/2011 Player has cleared unconditional release waivers and is now a free agent.

Harang, Aaron M RHS 10/30/2011 Elect Free Agency under Article XXB

Hawpe, Bradley B OF 10/30/2011 Reinstate From 60-day DL

10/30/2011 Elect Free Agency under Article XXB

Hefner, Jeremy S RHS 11/18/2011 Waiver Claim Assignment from SD to PIT

Hernandez, Pedro M LHS 11/18/2011 Selection to ML Roster from SAN ANTONIO to SD

Kotsay, Mark S OF 11/17/2011 Signed as a Major League Free Agent

LeBlanc, Wade M LHS 11/22/2011 Outright (Trade) from SD to MIA

Liriano, Rymer O OF 11/18/2011 Selection to ML Roster from LAKE ELSINORE to SD

Oramas, Juan P LHS 11/18/2011 Selection to ML Roster from SAN ANTONIO to SD

Qualls, Chad RHS 10/30/2011 Elect Free Agency under Article XXB

Rincon, Edinson 3B 11/18/2011 Selection to ML Roster from LAKE ELSINORE to SD

Vincent, Nick RHR 11/18/2011 Selection to ML Roster from SAN ANTONIO to SD

SAN FRANCISCO GIANTS

Beltran, Carlos I RF 10/30/2011 Elect Free Agency under Article XXB

Burrell, Pat B LF 10/30/2011 Elect Free Agency under Article XXB

Cabrera, Melky OF 11/07/2011 Outright (Trade) from KC to SF

Cabrera, Orlando L SS 10/30/2011 Elect Free Agency under Article XXB

Correa, Hector J RHS 11/18/2011 Selection to ML Roster from RICHMOND to SF

Culberson, Charlie E SS 11/18/2011 Selection to ML Roster from RICHMOND to SF

De Rosa, Mark T 1B 10/30/2011 Elect Free Agency under Article XXB

Ford, Darren R CF 11/18/2011 Designate for Release or Assignment

11/28/2011 Release from Roster

11/30/2011 Player has cleared unconditional release waivers and is now a free agent.

Graham, Tyler LF 11/18/2011 Selection to ML Roster from FRESNO to SF

Joaquin, Waldis RHR 11/18/2011 Designate for Release or Assignment

11/28/2011 Release from Roster

11/30/2011 Player has cleared unconditional release waivers and is now a free agent.

Kieschnick, Roger K OF 11/18/2011 Selection to ML Roster from FRESNO to SF

Mota, Guillermo RHR 10/30/2011 Elect Free Agency under Article XXB

Otero, Danny RHR 11/18/2011 Selection to ML Roster from FRESNO to SF

Posey, Buster D C 10/31/2011 Reinstate From 60-day DL

Ross, Cody J RF 10/30/2011 Elect Free Agency under Article XXB

Sanchez, Freddy P 2B 10/31/2011 Reinstate From 60-day DL

Sanchez, Jonathan O LHS 11/07/2011 Outright (Trade) from SF to KC

Verdugo, Ryan L LHS 11/07/2011 Outright (Trade) from SF RICHMOND to KC OMAHA

Villalona, Angel M 3B 11/18/2011 Selection to ML Roster from FRESNO to SF

ST. LOUIS CARDINALS

Dotel, Octavio E RHR 10/31/2011 Elect Free Agency under Article XXB

Fick, Charles J RHS 11/18/2011 Selection to ML Roster from MEMPHIS to STL

Freeman, Samuel D LHS 11/18/2011 Selection to ML Roster from MEMPHIS to STL

Furcal, Rafael SS 10/31/2011 Elect Free Agency under Article XXB

Jackson Jr, Edwin RHS 10/30/2011 Elect Free Agency under Article XXB

Laird, Gerald L C 10/30/2011 Elect Free Agency under Article XXB

Ottavino, Adam R RHS 11/18/2011 Selection to ML Roster from MEMPHIS to STL

Patterson, Corey C OF 10/31/2011 Elect Free Agency under Article XXB

Pujols, Albert 1B 10/30/2011 Elect Free Agency under Article XXB

Punto, Nick P IF 10/30/2011 Elect Free Agency under Article XXB

Rhodes, Arthur L LHR 10/30/2011 Elect Free Agency under Article XXB

Wainwright, Adam P RHS 11/01/2011 Reinstate From 60-day DL

WASHINGTON NATIONALS

Ankiel, Rick A OF 10/30/2011 Elect Free Agency under Article XXB

Bixler, Brian J SS 11/03/2011 Waiver Claim Assignment from WSH to HOU

Brown, Corey A OF 11/16/2011 Major/Minor Outright from WSH to SYRACUSE

Coffey, Todd T RHR 10/30/2011 Elect Free Agency under Article XXB

Cora, Alex IF 10/30/2011 Elect Free Agency under Article XXB

Gomes, Jonny J OF 10/30/2011 Elect Free Agency under Article XXB

Hernandez, Livan L RHS 10/30/2011 Elect Free Agency under Article XXB

Kimball, Cole A RHR 10/31/2011 Reinstate From 60-day DL

11/16/2011 Waiver Claim Assignment from WSH to TOR

11/18/2011 Waiver Claim Assignment from TOR to WSH

LaRoche, Adam A 1B 10/31/2011 Reinstate From 60-day DL

Moore, Tyler M 1B 11/18/2011 Selection to ML Roster from HARRISBURG to WSH

Nix, Laynce M OF 10/30/2011 Elect Free Agency under Article XXB

Norris, Derek R C 11/18/2011 Selection to ML Roster from HARRISBURG to WSH

Perez, Eury E OF 11/18/2011 Selection to ML Roster from POTOMAC to WSH

Rodriguez, Ivan C 10/30/2011 Elect Free Agency under Article XXB

Solano, Jhonatan C 11/18/2011 Selection to ML Roster from SYRACUSE to WSH

Wang, Chien-Ming RHS 10/30/2011 Elect Free Agency under Article XXB

11/04/2011 Signed as a Major League Free Agent

Total Transactions - National League: 284

Source: Major League Baseball

Maury Brown is the Founder and President of the Business of Sports Network , which includes The Biz of Baseball, The Biz of Football, The Biz of Basketball and The Biz of Hockey, and is a contributor to Forbes SportsMoney blog
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