

## Recommendations from the Mitchell Report

Written by Summary of Mitchell Report  
Friday, 14 December 2007 07:37

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The following is the list of 20 recommendations within the Mitchell Report on performance-enhancing drugs in Major League Baseball:

( [Read the Mitchell Report here](#) )

### 1) Better drug testing

- Year-round, unannounced drug testing, with increased testing during the offseason and better protection from leaks before tests.
- Continually update drug testing as new techniques become available.
- Test all clubhouse employees just as players are tested.
- Test the top 100 draft eligible prospects each year, as identified by the Major League Baseball Scouting Bureau.
- Ensure program transparency by submitting to outside audits and publishing reports of aggregate testing results.
- Respect rights of players when it comes to testing.

### 2) Other modes of investigating

- Create an anonymous tip hot line.
- Background checks for all new clubhouse hires.
- Establish a Department of Investigations with a senior executive who reports directly to the league president. Report all significant allegations of illegal substance use to the commissioner and president.
- Better cooperation and communication with law enforcement agencies.
- Prompt interviews with players alleged to be using.
- Make sure drug policy is clear, written and well-publicized so players and club personnel know the rules.
- Keep logs of packages sent to players at major league ballparks.

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### 3) Improving the anti-drug education program

- Educational program run by independent officer to ensure an unbiased, consistent effort.
- Presentations to players during spring training on the dangers of performance-enhancing drugs, including testimonials from speakers that players will relate to and law enforcement officials who can describe legal ramifications.
- Educate players on alternate ways to achieve the same results without performance-enhancing drugs and on the health risks of using substances bought on the black market.
- Inform players of the non-health-related hazards of buying drugs, including blackmail by shady dealers.
- Prominently display posters outlining baseball's drug policy and the dangers of using performance-enhancing drugs.

### 4) Improve the league's drug prevention and treatment program

- Make the program independent from the league.
- Provide adequate funding for the program.

### ***MORE ON THE MITCHELL REPORT***

- [Mitchell Report: Waxman and Davis Call for Hearings](#)
- [Statement by Donald Fehr on the Mitchell Report](#)
- [Mitchell Report: Selig Statement](#)
- [Mitchell Report: Player Index](#)
- [Mitchell Report: This is What We Waited For? \(Selig Statement within\)](#)
- [Official List of Names in the Mitchell Report](#)
- [Read the Mitchell Report](#)