

South Coast League

Drug Prevention and Treatment Program

South Coast league Baseball's drug prevention and treatment program (the program) has been established to prevent and end the use of Prohibited substances (defined in section 2) by roster South Coast League Players (players). The league office has concluded that the use of prohibited Substances is potentially hazardous to a Players health and may give a Player an unfair competitive advantage on the playing field.

1. Health Policy Advisory Committee

A. South Coast League Health Policy Advisory Committee Members

The South Coast league Health Policy Advisory Committee (SCLHPAC) is responsible for administering and overseeing the program. SCLHPAC shall be composed of the League office medical representative and two other representatives from the league office.

B. Duties and Responsibilities of SCLHPAC

SCLHPAC shall have the following duties and responsibilities:

1. Establish advisory groups as it deems necessary to the effective administration of the program
2. Prepare and undertake educational presentations supporting the objectives of the program
3. Administer the program's testing requirements
4. Conduct investigations
5. Establish, monitor, maintain, and supervise the collection procedures and testing protocols set forth in Addendum A hereto
6. Take any and all other reasonable actions necessary to endure proper administration of the program

2. Drugs of Abuse and Performance Enhancing Substances

All players shall be prohibited from using, taking, selling (or helping to sell) or distributing (or helping to distribute) any Drugs of abuse and/or Performance Enhancing Substance (collectively referred to as "Prohibited Substances")

A. Drugs of Abuse

Any and all drugs of substances in Schedules I and II of the Code of the federal Regulations' Schedule of controlled substances, as amended from time to time, shall be considered a Drug of Abuse covered by the Program (excluding those schedule I and II

substances that is not included as a Performance Enhancing Substance Below). Moreover, any drug or substance that is not included on either Schedule I and II but is similar in nature and cannot be (i) lawfully taken without a valid prescription and has the potential for abuse or (ii) lawfully obtained or used in the United States shall be considered a Drug of Abuse under the Program. The following is a **NON EXHAUSTIVE** list of Drugs of Abuse covered by the program

1. Amphetamine and its analogs
2. Cocaine
3. LSD
4. Marijuana
5. Opiates (Heroin, Codeine, Morphine)
6. Phencyclide (PCP)
7. MDMA (Ecstasy or X)
8. GHB

B. Performance Enhancing Substances

The following substances shall be considered Performance Enhancing Substance covered by the Program. Notwithstanding the foregoing, SCLHPAC reserves the right to add a Performance Enhancing Substance at any time if it is determined that the ingestion of such a substance would result in a player having an unfair competitive advantage on the playing field.

1. Anabolic Androgenic Steroids

Any and all anabolic androgenic steroids included in Schedule III of the code of Federal Regulations Schedules of Controlled substances (Schedule III) as amended from time to time, shall be considered a Performance Enhancing Substance covered by the Program. Anabolic androgenic Steroids that are not included on Schedule III but that may not be lawfully obtained or used in the United States are also Prohibited (including designer steroids) The following is a **NON EXHAUSTIVE LIST** of anabolic androgenic steroids that are covered by the Program:

1. Androstenediol
2. Androstenedione
3. Androstendiol
4. Androstendione
5. Bolasterone
6. Boldenone
7. Clausterone
8. Clostebol
9. Dehydrochloromethyltestosterone
10. *1-dihydrotestosterone
11. 4-dihydrotestosterone
12. Drostanolone
13. Ethylestrenol
14. Fluoxymesterone
15. Formebolone
16. Furazabol

17. 13a-ethyl-17ahydroxygon-4-en-3-one
18. 4-hydroxytestosterone
19. 4-hydroxy-19-nortestosterone
20. Mestanolone
21. Mesterolone
22. Methandienone
23. Methandriol
24. Methenolone
25. Methytestosterone
26. Mibolerone
27. 17a-methyl-^{*}1-dihydrotestosterone
28. Nandrolone
29. Norandrostenediol
30. Norandrostedione
31. Norbolethone
32. Norclostebol
33. Norethandrolone
34. Oxandrolone
35. Oxymesterone
36. Oxymetholone
37. Stanozolol
38. Stenbolone
39. Testolactone
40. Testosterone
41. Tetrahydrogestrinone
42. Trenbolone; and
43. Any salt, ester or either drug of substance listed above

2. Prohormone Nutritional Supplements

Many over the counter nutritional substances contain metabolic precursors of testosterone or anabolic androgenic steroids (DHEA). Nutritional supplements may also be contaminated with an anabolic androgenic steroid (which is not listed as an ingredient). As a result, a player may test positive for a schedule III steroid from taking an over the counter supplement. Such positive results will be deemed “positive” pursuant to section 3.D below even in the event the player claims he was not aware that the nutritional supplement was contaminated.

3. Ephedrine and related substances
4. Human Growth Hormone (“HGH”)
5. Erythropoietin (“EPO”) and
6. Diuretics and Masking Agents, which are defined as products that impair the excretion of Prohibited Substances to conceal their presence in urine used in drug testing. Masking agents include but are not limited to: diuretics, epitestosterone, probenecid, plasma expanders. **Examples of Diuretics:** acetazolamide, amiloride, bumetanide, canrenone, chlorthalidone, ethacrynic acid, furosemide, indapamide, merasaly, spironolactone, thiazides, and triamterene, and other substances with similar chemical structure or similar pharmaceutical effects.

3. RANDOM TESTING

A. Drugs of Abuse

1. In addition to the testing set forth in section 4 below, all players will be subject to up to four unannounced tests per year for the use of any Drug of Abuse. If a player tests positive for a Drug of Abuse, SCLHPAC may subject that Player to additional testing beyond the four tests per year generally required under the program.
2. If a Player tests positive for any Drug of Abuse, he shall enter the Administrative Track and shall be subject to the discipline set forth in Section 8 below.

B. Performance Enhancing Substances

1. In addition to the testing set forth in section 4 below, all players will be subject to up to four unannounced test per year for the use of Performance Enhancing Substances. If a player tests positive for a Performance Enhancing Substance, SCLHPAC may subject that Player to additional testing beyond the four tests per year generally required under the Program.
2. If a Player tests positive for any Performance Enhancing Substances, he shall be subject to the discipline set forth in section 8 below.

C. Collection Procedures

All Program testing shall be conducted in compliance with the Collection Procedures set forth in Addendum A hereto.

D. Positive Test Results

Any test conducted under the Program will considered “positive” for either a Drug of Abuse of a Performance Enhancing Substance under the following circumstances:

1. If any prohibited Substances is detected in the specimen provided by the player (certain Prohibited substances results are subject to levels set forth in the Testing Protocols section of Addendum A)
2. A Player fails or refuses to take a test pursuant to section 3 or 4 or
3. A player attempts to substitute, dilute, mask or adulterate a specimen sample or in any other manner alter the test.

The determination of whether a test is “positive” under Section 3.D.2 or 3.D.3 shall be made by the SCLHPAC.

E. Notification

1. Drugs of Abuse

SCLHPAC shall immediately notify the Club’s General Manager, Farm Director and League Office of a Player’s Positive test result, the date of the collection and the substance for which the Player tested Positive. An appointed team official in each market will inform the Player of the Positive test result. If a Player tests positive for a second time, SCLHPAC shall notify the Club’s General Manager, Farm Director and League Office of the discipline and the General Manager or Farm Director shall be responsible for disclosing this information to the player.

2. Performance Enhancing Substances

SCLHPAC shall immediately notify the Club’s General Manager, Farm Director and League Official of a Player’s Positive test result, the date of the collection and the substance for which the Player tested Positive and the discipline that is being imposed. The General Manager and/or the farm director may at his discretion, inform the Employee Assistance Program of such a positive test result. The Club’s General Manager or Farm director shall be responsible for informing the Player of the positive test result and the discipline imposed.

4. Reasonable Cause Testing

In the event that any SCLHPAC member has information that gives him/her reasonable cause to believe that a player has, in the previous year, engaged in the use, possession or distribution of a Prohibited Substance, such member shall immediately request a meeting (or conference call) to present this to other SCLHPAC members. Upon hearing the information presented, SCLHPAC may either immediately determine there is reasonable cause to believe that the Player has engaged in the use, possession, or distribution of a Prohibited Substance or SCLHPAC may conduct a prompt investigation to ascertain additional facts. If SCLHPAC determines that such a reasonable cause exists, the player will be subject to immediate testing in accordance with the procedures and protocols set forth in Addendum A Hereto.

If a player tests positive for a Prohibited Substance, he will be subject to the discipline set forth in Section 8.

5. Clinical and Administrative Tracks

A. General

Any player referred to SCLHPAC shall be placed on either the Clinical of Administrative Track.

B. Clinical Track

1. A player may be placed on the Clinical Track if (i) the player voluntarily comes forward to either SCLHPAC or his Club (“Voluntarily Self-Referral”) before being tested under the Program; and (ii) admits to using a Drug of Abuse. Voluntary Self-Referral shall include any situation where the Club suggests to the Player that he seek assistance from either SCLHPAC or the Clubs EAP for using a Drug of Abuse, and the Player voluntarily agrees to such assistance. The Clinical track is not available for a player who has used (or is using) a Performance Enhancing Substance.
2. While a Player remains on the Clinical Track, any and all information relating to the Player’s involvement in the Program, including but not limited to follow-up testing and Treatment Program progress, shall be disclosed to SCLHPAC and the clubs EAP who shall keep such information confidential.
3. A Player shall not be subject to discipline while he is on the Clinical Track, except set forth in Section 5.B.4 below.
4. A player will be removed from the Clinical Track, will be placed on Administrative Track and may be subject to immediate discipline under the following circumstances: (i) Player does not comply with his treatment Program; and/or (ii) any of the condition of Administrative Track Placement occurs.

C. Administrative Track

1. A Player will be placed on the Administrative track if any one of the following occur: (i) Player tests positive for a Prohibited Substance under the Program; (ii) SCLHPAC determines that Player should enter Clinical Track but Player refuses Voluntary Self-Referral; (iii) Club and/or SCLHPAC believe that Player poses a threat to safety if himself or others and Player refuses Voluntary Self-Referral; (iv) Player is convicted or pleads guilty (including a plea of nolcontendere or a similar plea) to the use (including a criminal charge of conspiracy or attempt to possess, use or distribute) of any Prohibited Substance; (v) Player is involved in the sale or distribution of a Prohibited Substance; or (vi) Player does not comply with his Clinical Track Treatment Program.
2. While Player remains of the Administrative Track, information relating to the Players involvement in the Program, including but not limited to Prohibited Substance testing and Treatment Program progress, shall be disclosed to the Clubs General Manager, Farm Director and, in cases involving Drug of Abuse, the EAP. Any information disclosed shall remain completely

confidential. Notwithstanding the foregoing, if a player is suspended pursuant to Section 8 below, the transaction shall be entered in the South Coast League Information system as a suspension for a specified number of days for a violation of this program. The only public comment from the Club office or the South Coast League office shall be the fact that the player was suspended for a specified number of days for a violation of the Program.

3. A Player on the Administrative Track is subject to discipline under Section 8

6. Player Evaluation for the use of drugs of abuse

A. Initial Evaluation

A player who is referred to SCLHPAC (either through a positive result or through Voluntary Self-Referral) for using Drugs of Abuse will receive an evaluation from a elected medical professional in each of the South Coast League's market. The purpose of the initial evaluation is the ascertain the type of treatment program that, in the opinion of the Medical Representative would be most effective for the player involved.

B. Treatment Program

After concluding the initial evaluation and consulting with the SCLHPAC, the Medical representative shall prescribe a Treatment Program for the player. In devising the Treatment program, the Medical Representative may consult with independent experts but, in doing so, may not divulge the Player's name. The treatment Program may include any or all of the following: counseling, in-patient treatment, outpatient treatment and follow up testing. The Medical Representative must inform the Player of the initial duration of the Treatment Program. During the course of the Player's Treatment Program, the Medical Representative may change the duration (either longer of shorter) and the scope of the Treatment Program, depending on the Player's progress. The Medical Representative will forward monthly Treatment Program Progress Reports (attached hereto as addendum E) to SCLHPAC for any Player on either the Clinical or Administrative Track.

7. Disclosure of Player Information

A. Disclosure of Information

1. A Club whose Player is on the Clinical Track is Prohibited from any information regarding a Player's participation in the Program to the public, the media, or other Clubs. A player, who is on the Clinical Track, however is required to sign the release that is attached hereto as Addendum B which permits the Club Medical representative and Physician to disclose the Player's Program-related records to the SCLHPAC. A player who is on the Clinical

Track may also permit the Club Medical Representative or SCLHPAC to disclose such Player's Program-related information to either the Player's current Club; to a Club that is interested in acquiring the Player's contract via assignment; or to a club that is interested in signing the Players as a free agent. Prior to such disclosure, the player must sign the release that is attached hereto as Addendum C.

2. A Club whose Player is on the Administrative Track must disclose information regarding a Player's participation in the Program to a club that is interested in acquiring such Players contact. All players will be required in Spring Training to sign a release for the disclosure of Medical records.
3. A Club that is either interested in signing or already has signed has to contact the South Coast League office or the SCLHPAC to obtain information regarding the player's participation in the program.
4. A Club may not make public comments regarding a Player's participation in the program other than to state that the Player has been suspended for a specific number of days for violating the Program.

B. Player Authorization

Any information regarding an Administrative Track Player's test results (for either Drugs of Abuse or Performance Enhancing Substances) or Treatment Program progress shall be deemed "health information" subject to disclosure (as prescribed under the program) pursuant to paragraph 3 of the Authorization for the use and/or Disclosure of Player Health Information signed by each player at the beginning of the season.

8. Discipline

Other than as provided in section 8.E below, only Players on the Administrative Track shall be subject to discipline.

A. Player fails to comply with treatment Program (ALL SUSPENSIONS WITHOUT PAY)

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| 1. First offense: | 10 game suspension |
| 2. Second Offense while on same treatment Program: | 20 game suspension |
| 3. Third Offense while on same treatment Program: | 40 game suspension |
| 4. Fourth Offense while on same treatment Program: | Permanent suspension from South Coast League |

B. Player Tests Positive for a Drug of Abuse (ALL SUSPENSIONS SHALL BE WITHOUT PAY)

1. A Player who tests positive for a Drug of Abuse for the first time in his South Coast league career shall immediately enter the Administrative Track and shall be placed on a treatment program.

2. A Player who test positive for a Drug of Abuse for a second time in his South Coast league shall receive a 10 game suspension
3. A Player who test positive for a Drug of Abuse for a third time in his South Coast league shall receive a 20 game suspension
4. A Player who test positive for a Drug of Abuse for a fourth time in his South Coast league shall receive a 40 game suspension
5. A Player who test positive for a Drug of Abuse for a Fifth time in his South Coast league shall receive Permanent suspension from the South Coast League

**C. Player test Positive for a Performance Enhancing Substance
(ALL SUSPENSIONS WILL BE WITHOUT PAY)**

1. A Player who tests Positive for a Performance Enhancing Substance for the first time in his South Coast League Career shall receive a 10 game suspension
2. A Player who tests Positive for a Performance Enhancing Substance for the second time in his South Coast League Career shall receive a 20 game suspension
3. A Player who tests Positive for a Performance Enhancing Substance for a third time in his South Coast League Career shall receive a 40 game suspension
4. A Player who tests Positive for a Performance Enhancing Substance for the fourth time in his South Coast League Career shall receive a permanent suspension from the South Coast League

D. Removal from Clinical or Administrative

SCLHPAC shall have the discretion to remove a Player from either the Administrative or Clinical Track

E. Conviction for the use or Involvement in the Sale of Prohibited Substances

1. Convictions for the Use of Prohibited Substances

A Player who is convicted or pleads guilty (including a plea of nolo contendere or a similar plea) to the use of Prohibited Substance (including a criminal charge of attempt to possess

or use) shall receive at least a 30 game suspension. A player's second conviction for use of Prohibited Substance shall result in a 60 game suspension. A player's third conviction for use of Prohibited Substance shall result in the permanent removal from the South Coast League.

2. Involvement in the Sale or Distribution of a Prohibited Substance

A Player who is involved in the sale or distribution of a Prohibited Substance shall receive a season long suspension and also a \$7500.00 fine. A player who is involved in the sale or distribution of a Prohibited Substance a second time in his South Coast League career shall be permanently suspended from the League.

F. Club Distribution of Performance Enhancing Substances

If a Club employee provides a player with a Performance Enhancing Substance and the player tests positive under the Program because he ingested such substance, the Club and the Club employee will be subject to a minimum \$10,000.00 fine by the League Representative.

9. APPEAL PROCESS

A. Basis for Appeal

A player will be permitted to appeal a positive test result in the following, limited circumstances:

1. The player has sufficient reason to believe that the chain-of-custody of his sample was not properly administered pursuant to requirements set forth in Addendum A which resulted in an erroneous test result
2. The player has sufficient reason to believe that the Laboratory did not properly administer the testing of the specimen which resulted in a erroneous positive test result
3. The player qualifies for a Therapeutic Use Exemption (TUE) (see article 9.B)

B. Therapeutic Use Exemption

A player who tests for a Prohibited Substance may be eligible for a TUE if the Player can establish each of the following elements in his appeal: (i) the Club Physician was aware of the Player's use of the Prohibited Substance prior to the Player being tested under the Program; (ii) the Player provides proper

documentation of the prescription that was written either by or in consultation with the Club physician; (iii) Player has documented need for the substance and would have serious adverse consequences if he stopped taking the medication; (iv) there are no reasonable alternatives to the medication; and (v) the medication does not enhance the Player's performance more than if the Player returned to normal health. SCLHPAC shall make the final determinations regarding TUE's

C. Process for Filing an Appeal

1. In order for a Player's appeal to be considered, the player must submit a written request stating the basis for the appeal within 48 hours of being informed of the positive test result. The basis for the appeal must be one of the three options set forth in article 9.A above. The written request must be sent by overnight mail to the attention of the SCLHPAC, 867 Commerce Dr. Suite 300, Conyers, GA 30094.
2. Any request for an appeal that does not provide a sufficient basis for an appeal will be automatically rejected. All other requests will be considered by SCLHPAC within 72 hours of being submitted (unless a longer period of time is agreed upon by SCLHPAC), during which time the Player's suspension will be held in abeyance. The Player will be responsible for the cost associated with his appeal if such appeal is unsuccessful. If a Player requests his "B" sample to be tested to confirm that the laboratory erroneously tested his "A" sample, the player will be required to pay for the test before the test is conducted (which must be done within 7 days of the appeal) but will be reimbursed if the Player's B sample is negative.

The Player will receive a written decision by SCLHPAC no later than two weeks after submitting his appeal unless a longer period is agreed upon by the SCLHPAC.

10. Cost of the Program

Any costs for the treatment and testing of the Player's on either the Clinical or Administrative Track shall be covered by the South Coast League and the Club holding the Player's contract. Any cost of the SCLHPAC shall be covered by the League Office.

ADDENDUM A

COLLECTION PROCEDURES

All Collectors and Players must adhere to the Following collection procedures:

1. Only those authorized by the Collector will be allowed in the collection area
2. The collector will ask the Player for photo identification upon his arrival to the collection area. If the player does not have photo identification, the collector will have a club management representative (e.g. Athletic Trainer, Coach) positively identify player.
3. The Player will sign into the collection area and the Collector will record the time of arrival.
4. When ready to urinate, the Player will select a sealed beaker from a supply of such
5. A male Collector will monitor the furnishing of the urine specimen by the Player under direct visual observation until a specimen of 85mls. Is produced.
6. If the specimen is incomplete, the player must remain with the Collector and during this time the Player is responsible for keeping the beaker closed and controlled under the observation of the Collector.
7. If the player is unable to provide a complete specimen and must leave the collection area for any reason approved by the collector, the incomplete specimen must be packaged and sent to the laboratory and the Player must return to the collection area to provide a complete specimen at a time determined by the Collector.
8. The Collector who observed the furnishings of the urine specimen will attest by signature that the specimen was provided under his direct observation.
9. In the presence of the Player, the Collector will pour off a small amount of the specimen into another vial and measure the specimen's specific gravity and PH. If the specimen has a specific gravity below 1.005 (1.010 if measured by reagent strip) or if the pH is greater than 7.5 or less than 4.5 when measured by the reagent strip, the specimen will be discarded and the Player must begin the collection process again.
10. If the specimen concentration pH are in the acceptable range, the Player will select a unique specimen number and sealed specimen collection kit from a supply of such. The Collector will ask the Player to make certain that all numbered specimen seals match.

11. Under observation of the Player, the Collector will remove the seals on the kit, pour the specimen from the beaker into two vials, place the uniquely numbered seals on the vials and seal the vials for transportation to the laboratory.
12. The Collector, Player and any witness present will attest by signature that the collection procedures were followed.
13. The collector will provide that Player or designate (e.g. Athletic Trainer, Coach) with a form that includes the date of specimen collection, the Player's name and specimen number.
14. The Collector will maintain the specimens in a secure location until they are transported to the laboratory or consigned to a courier for laboratory shipment.

TESTING PROTOCOLS

Drugs of Abuse

Drugs	Initial Test Level ng/mL	Confirmation Test Level
Amphetamines	1000	500
Cocaine Metabolites	300	150
Opiates/Metabolites	2000	2000
Phencyclidine (PCP)	25	25
Cannabinoids	50	15
Nandrolone	2	2

Performance Enhancing Substances

A test will be considered positive if any level of Anabolic Androgenic steroid as defined in Section 2.B of the Program present.